



# CSP Perio-Hygiene Collaborative Seminar

## Saturday August 5, 2023

### 4.0 Hours C.E.

#### Periodontal Regeneration

This course will discuss what is periodontal regeneration and what outcomes can be expected along with identifying which sites are good candidates for periodontal regeneration. The course will also review the basic principles of guided tissue regeneration (GTR) and discuss the limitations of regenerative periodontal medicine.

##### **Caroline Arceo, DMD, MS**

Dr. Arceo is Board certified in Periodontics and Implantology. She completed her DMD at Oregon Health & Science University received her Masters for assessing the prevalence of periodontitis among adult Cannabis users in Portland, OR. Dr. Arceo is a member of the Dr. Arceo runs an independent hygiene study club on the Central Coast and lectured on Cannabis and oral health for the past 6 years. She maintains a private practice in San Luis Obispo, California.

#### Understanding the Complexities of the Brain During Oral Hygiene Instruction

By understanding how the brain takes in information and develops new habits, we can accomplish significantly better oral home care routines with our patients. We can truly see the change to healthy gums when delivering home care instructions aimed at memory retention and motivation, using evidence-based behavioral change frameworks, and recommending a broad range of home care tools.

##### **Heather Wong, RDH, MSDH**

Ms. Wong is the Professional Relations Manager for TePe Oral Health Care and has been adjunct faculty at both Pasadena Community College and Pacific University. She has served the American Dental Hygienists' Association as Treasurer, Trustee and Delegate. Her research is focused on home care and habit formation.

#### Dental Implants, Maintenance and Peri-implantitis

This course will discuss common dental implant prosthetics and which instruments are recommended for use on abutments and implant protocol for maintenance. This course will also review the etiology of peri-implantitis and how to manage it with surgical and non-surgical treatment strategies. Clinical cases will be reviewed.

##### **Erik Sahl, DDS, MSD**

Dr. Sahl is a Diplomat of the American Board of Periodontology and President of the California Society of Periodontists. Dr. Sahl was Program Director of the Periodontics Residency Program at Loma Linda University School of Dentistry from 2015-2021. He has published articles on the topic of periodontal disease progression and lectured in numerous C.E. courses. Dr. Sahl maintains a private practice in Indio, California.

**Embassy Suites Seaside Monterey, 1441 Canyon Del Rey Blvd, Seaside, CA 93955**

**Registration Check-in 8:00am 🌸 Lecture 8:30am to 12:30pm**

**Register online: <https://bit.ly/PHCMRY23>**

*Program subject to change*